



The  
**FLOW**  
Adult CURRICULUM

#26

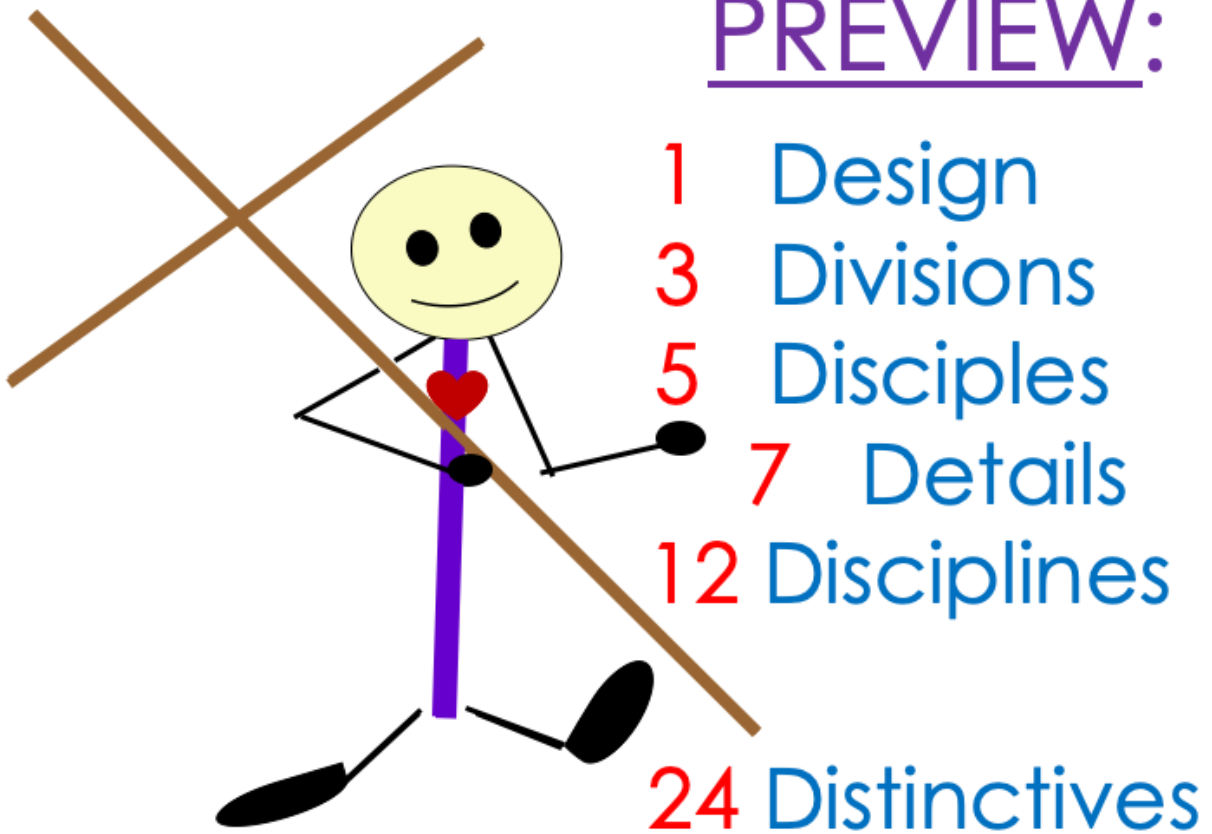
Outreach

Titus 2:15

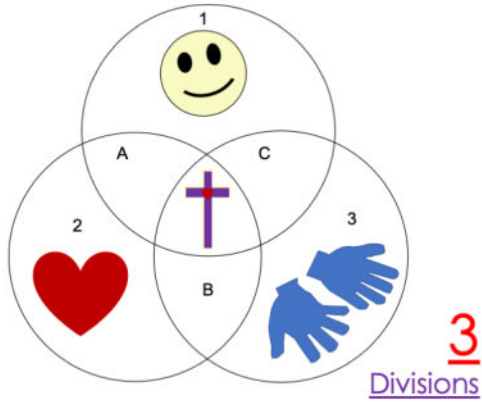
(Come And See Christianity book pages 78-79)

# The FLOW

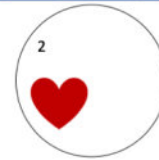
## PREVIEW:



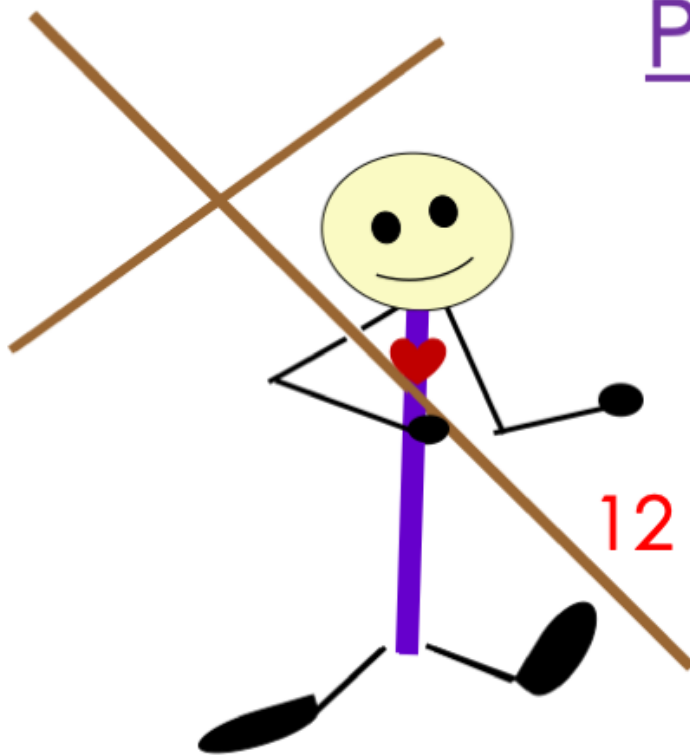
SECTION FIVE: 12 Disciplines



The  
HEART



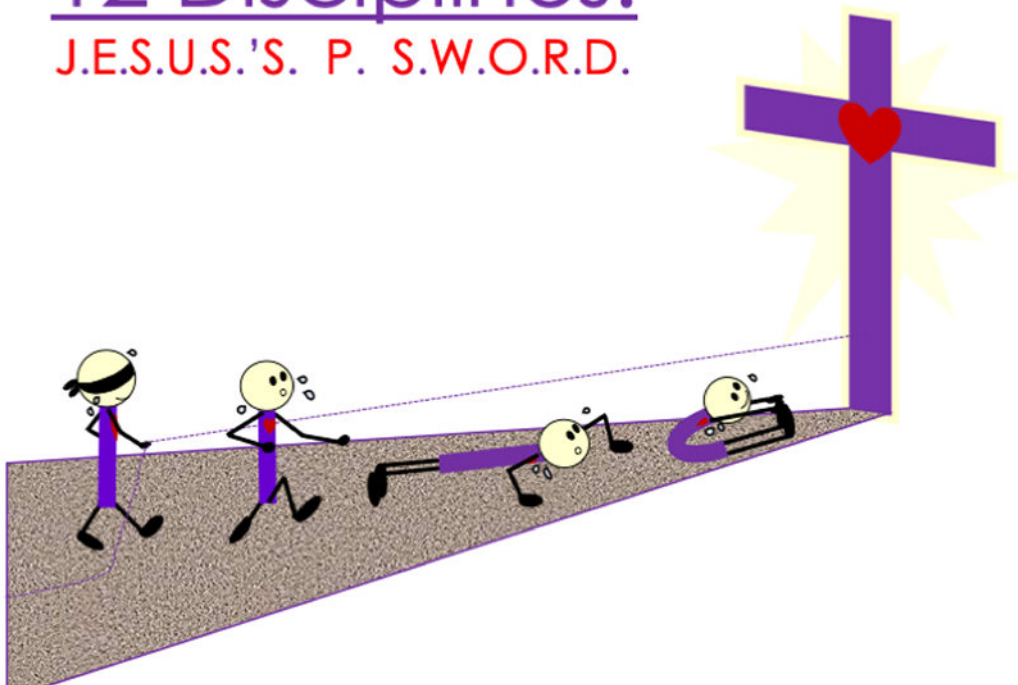
PREVIEW:



12 Disciplines

**12 DISCIPLINES:** Here are some heart exercises for you...  
These discipleship “disciplines” can help Christians to strengthen their faith and grow as missional & maturing Christ-followers.

12 Disciplines:  
J.E.S.U.S.'S P. S.W.O.R.D.





# Outreach

**OUTREACH:** Going outside

our comfort zones & inner circles to make disciples

is not only an act of faithful obedience, it epitomizes

Christ-likeness!

Jesus left heaven to come

seek & save the lost.

## 2 Timothy 3:16-17

*All Scripture is breathed out by God and profitable for teaching, for rebuking, for correction, and for training in righteousness, 17so that the man of God may be complete, thoroughly equipped for every good work.*

### INTRO:

Welcome to another major transition point in your discipleship journey and our Come And See Christianity curriculum. By way of review, thus far, we have gone through Section One's single lesson on God's divine DESIGN, then Section Two's three unifying and introductory lessons on every human's 3 DIVISIONS (our HEAD, HEART, and HANDS); we then followed up with the universally inclusive definitions and descriptions of humanity's 5 types of people, also known as biblical DISCIPLES (the LOST, LOVER, LEARNER, LEADER, and LIFER), each having received their own lesson. Next came what we just completed, Section Four's 7 lessons on Christianity's fundamental, knowledge-based truths, also known as The DETAILS (FOUNDATIONS, FRAMEWORK, FACTS, FIGHT, FAITH, FAMILY, and FOREVER).

Now, in the same way that Sections 1-4 (and their 16 compiled lessons) all concentrated on aspects of "The HEAD" and the truth of God's Word, Section 5 will contain 12 complementary lessons (**J.E.S.U.S.'S. P.S.W.O.R.D.**) that focus on HEART exercises, also known as spiritual DISCIPLINES, that can help to grow and strengthen the Christian's truth-filled, loving, and faithfully obedient HEART...

### 12 HEART Strengthening DISCIPLINES:

1. *Journaling*
2. *Eat-nothing (Fasting)*
3. *Scripture intake*
4. *Understudy of Scripture*
5. *Solitude*
6. *Stewardship*
7. *Prayer*
8. *Serving*
9. *Worship*
10. *Outreach*
11. *Relationships*
12. *Development*

## PRAYER:

LORD, we seek to bless You with all that is within us. Help us here, we pray, to be that blessing as we come to better understand You and Your eternal truth in love (Ephesians 4:15). Help us to see with Your eyes and love with Your love, all that You would reveal to us through Your Word, Your will, and Your ways. May we grow in our grasp of Your realities, Your means of restoration, and Your mission of reproduction. In the holy name of Jesus, we pray. Amen and Amen

## CONTEXT:

Macro

### Spiritual Disciplines

(The content herein is predominantly derived and expanded upon from Dr. Don Whitney's *Spiritual Disciplines* & Dr. Chuck Lawless' *Disciplined Warriors*.)

## I. SPIRITUAL DISCIPLINES . . . FOR THE PURPOSE OF GODLINESS

*Ours is an undisciplined age. The old disciplines are breaking down.  
... We **need** the rugged strength of Christian **character**  
that can come only from discipline.*

*- V. Raymond Edman*

*Discipline without direction is drudgery!*

The Bible says of God's elect, "*For those whom He foreknew He also predestined **to be conformed** to the image of His Son"*  
**(Romans 8:29)**

Although God will grant Christlikeness to us when Jesus returns, until then He intends for us to grow toward it.

***We aren't merely to wait for holiness; we're to pursue it.***

All who come to God trusting in the person and work of Jesus to make them right with God are given the Holy Spirit (see Ephesians 1:13-14). The presence of the Holy Spirit causes all those in whom He resides to have new holy hungers they didn't have before.

**Hebrews 12:14** is clear:

***Anyone who is not striving for holiness will not see the Lord!***

The urgent question every Christian should ask is, *“How then shall I pursue holiness... How can I become more like Christ?”* God’s Word offers a clear answer in...

1 Timothy 4:7

***“Discipline yourself for the purpose of godliness.”***

The only road to Christian maturity and godliness (a.k.a. Christlikeness & holiness) passes through the practice of the Spiritual Disciplines.

**Godliness is the goal of the Disciplines...** remember this and the ***Spiritual Disciplines become delights vs drudgery.***

## **II. WHAT ARE SPIRITUAL DISCIPLINES?**

Spiritual Disciplines are those practices found in Scripture (and in application) that promote spiritual growth among believers in The Gospel.

Spiritual Disciplines are the **habits of devotion** and **experiential Christianity** that have been **practiced** by the people of God since biblical times.

The Disciplines could be described in several ways:

- “First, the Bible prescribes both **personal** and **interpersonal** Spiritual Disciplines.”
- **Spiritual Disciplines are activities, NOT attitudes.**
  - Disciplines are practices... NOT character qualities, graces, or “fruit of the Spirit” (Galatians 5:22-23).
  - **Disciplines are things you do!**

*The goal of practicing a given Discipline, is not about “DOing” as much as it is about “BEing,” that is, BEing like Jesus. But the biblical way to grow in BEing more like Jesus is through the rightly motivated doing of the biblical Spiritual Disciplines.*



- We do specific practices *sometimes* that cultivate being more like Jesus *all the time*.
- Spiritual Disciplines are practices taught or modeled in the Bible. (Without this limitation, we might call anything we fancy a Spiritual Discipline.)
- Spiritual Disciplines found in Scripture are sufficient for knowing & experiencing God & growing in Christlikeness.
  - See 2 Timothy 3:16-17
  - See 2 Peter 1:3 & Philippians 4:13
- Spiritual Disciplines are practices derived from the gospel, NOT divorced from the gospel.
- ***Spiritual Disciplines are means, not ends.***

*Godliness is both closeness to Christ and conformity to Christ.*

**CAUTION:** *While we cannot be godly without the practice of the Disciplines, we can practice the Disciplines without being godly...*

So, the Spiritual Disciplines are those personal and interpersonal activities given by God in the Bible as the sufficient means believers in Jesus Christ are to use in the Spirit-filled, gospel-driven pursuit of godliness, that is, closeness to Christ and conformity to Christ.

### III. SPIRITUAL DISCIPLINES... AS MEANS TO GODLINESS

*Godliness comes through discipline.*

- God uses **three primary catalysts for changing us** and conforming us into Christlikeness, but only one is largely under our control.
  - #1: God uses people to change people.**
    - *"Iron sharpens iron," says Proverbs 27:17.*
    - *Sometimes God uses our friends to sharpen us into more Christlike living, and sometimes He uses our enemies to file away our rough, ungodly edges.*
  - #2: God uses circumstance(s) as His catalyst for change.**

### #3: God uses spiritual disciplines to change His people.

*God uses spiritual disciplines  
to work on His people from the **inside out**.*

Colossians 1:29 illustrates how **the efforts of a Christian & the work of God—can occur simultaneously** in a person indwelt by the Holy Spirit (cf. Philippians 2:13).

See here divine grace AND human responsibility...

*As physical disciplines promote bodily strength, so  
the Spiritual Disciplines promote godliness.*

- Think of the Spiritual Disciplines as ways by which we can spiritually place ourselves in the path of God's grace and seek Him, much **like Zacchaeus** placed himself physically in Jesus' path and sought Him. The Lord, by His Spirit, still travels down certain paths that He has ordained and revealed in Scripture. We call these paths the Spiritual Disciplines...

*If we will place ourselves on these paths and look  
for Him there by faith, we can expect  
to encounter Him.*

#### IV. SPIRITUAL DISCIPLINES... GOD'S WILL FOR CHRISTIANS

*"Discipline yourself for the purpose of godliness"  
makes it plain that **this is a command of God**, not merely a suggestion.*

- **Holiness is not an option for those who claim to be children of the Holy One** (see 1 Peter 1:15-16), so neither are the means of holiness—that is, the *Spiritual Disciplines*—an option.
- Jesus is the model of discipline in & for godliness.
- Many professing Christians are spiritually undisciplined and seem to have little Christlike fruit and power in their lives. Yet, many of them are remarkably disciplined in other areas of their lives.
- Too many Christians trivialize their effectiveness for the kingdom of God through a lack of discipline.
- The danger of neglecting the Spiritual Disciplines is the danger of bearing little spiritual fruit—your life counting little for the sake of the kingdom.

*"I'm not afraid of failure. I'm afraid of succeeding at things that don't matter."*

*- William Carey*

*"Freedom and discipline have come to be regarded as mutually exclusive, when in fact freedom is not at all the opposite, but rather the final reward, of discipline."*

*Elisabeth Elliot*

If your picture of a disciplined Christian is one of a grim, tight-lipped, joyless half-robot, then you've missed the point.

*By means of the Disciplines,  
let the truths of The Gospel restore your soul.*

Micro

**OUTREACH is most directly defined as "reaching out" to others.**

In the context of Christianity, OUTREACH is the multi-faceted, holistic, and relational extension of God's "truth in love" (Ephesians 4:15) from one person/people to another. The actualization and contextualization of biblical OUTREACH is often referred to as "ministry," "missions," and/or "The Great Commission," all of which are to be centered in Christ and the spread of His Gospel/good news (Luke 10:2). To that end, Christian OUTREACH is grounded in the Lord's loving call for personal, intentional, and missional relationship building, ALL aiming at miraculous salvations and sanctification of souls! ***Herein, Christian hearts are sweetly stretched and strengthened!***

*In the same way that Christ reached out to every Christian,  
every Christian is commanded to reach out to those without Christ!*

**John 20:21**

*The Great Commission is not an option to be considered;  
it is a command to be obeyed.*

*- Hudson Taylor*

*Every Christian is either a missionary or an impostor.*

*- Charles Spurgeon*

## Message

The three chapters that make up the New Testament book of Titus include and declare fourteen (14) divine, imperative commands... fourteen express calls for obedience from and obedience to Almighty God (2 Timothy 3:16-17). With that truth understood, Titus 2:15, with its four embedded commands (28% of the entire epistle's imperatives), stands out as an incredibly insightful and inspirational text, especially regarding OUTREACH.

The connection between Titus and Christian OUTREACH is made clear by the Apostle Paul in chapter one, verse five, when he declares to Titus the purpose of his mission: *"This is why I left you in Crete, so that you might put what remained into order, and appoint elders in every town as I directed you."*

When we connect ***Titus 1:5 and Titus 2:15*** it becomes clear that ***biblical order and biblical OUTREACH are commanded, commissioned, and complimentary.*** As we will see in this lesson, God calls all Christians to acknowledge that this fallen world is in need of being put back into order, of being confronted with the Lord's loving refinement, and being made aware of God's requirement for holy alignment, both vertically and horizontally.

To that end, Titus 2:15 helps us to understand and exemplify biblical, Christian OUTREACH with its four (4) commands. In practical principle, **OUTREACH should, 1). Declare truth; 2). Exhort with love; 3). Rebuke when needed; and finally, 4). Witness inspirationally.**

*You are the only Bible some unbelievers will ever read, and your life is under scrutiny every day. What do others learn from you?  
Do they see an accurate picture of your God?*

*- John MacArthur*

**BIG IDEA: Christians are to faithfully obey God's Great Commandments and Great Commission by, in part, going outside their comfort zones and inner circles to BE and make Christ-like disciples.**

**PREVIEW:**

1. Declaration
2. Exhortation
3. Correction
4. Inspiration

TEXT:

Titus 2:15

*“Declare these things; exhort and rebuke with all authority.  
Let no one disregard you.*

## 1. Declaration

*“Declare these things”* (sound doctrine cf. v.1)

Illustration:

*We need a baptism of clear seeing. We desperately need seers who can see through the mist--Christian leaders with prophetic vision. Unless they come soon it will be too late for this generation. And if they do come we will no doubt crucify a few of them in the name of our worldly orthodoxy.*

*- A. W. Tozer*

*To leave this matter of saving souls to preachers is not only heartless; it is inexcusably wicked.*

*- John R. Rice*

Explanation:

*If we are to better the future, we must disturb the present.*

*- Catherine Booth*

**Declaration is bold and zealous exclamation** – a point made, a position taken, an intentional advancement of one’s conviction(s). In Christianity, OUTREACH is a means for God-honoring, biblical, and Gospel sharing declaration. In other words, all Christian OUTREACH should include the motive and methodology necessary to reach-out with God’s message.

***All God-honoring “declaration” will align with The Gospel’s proclamation.***

Application:

*We are not diplomats but prophets, and our message is not a compromise but an ultimatum.*

*- A. W. Tozer*

## 2. Exhortation

*“Declare these things; EXHORT...”*

Illustration:

*We need men so possessed by the Spirit of God that God can think His thoughts through our minds, that He can plan His will through our actions, that He can direct His strategy of world evangelization through His Church.*

*- Alan Redpath*

Explanation:

*Biblical exhortation  
is divine warning wrapped in heavenly encouragement.*

Missionally sharing God’s truth in love, in both attitude and actions, is the biblical bullseye of Christian OUTREACH. Again, “reaching out” with what people really need (God’s Word, will, and ways in any given situation) is arguably one of the purest demonstrations of following in the footsteps of King Jesus (Matthew 4:19). In the same way that Christians seek to emulate His biblical sacrifice and service, when believers mirror Christ’s loving use of truth-filled warning and well-lit encouragement, The Church shines and shares a beautiful witness with the onlooking world. In this way, righteously exhorting Christians are in fact Christ’s OUTREACH-ing “ministers of reconciliation” and faithful “ambassadors” (2 Corinthians 5:18-20).

Application:

*Perhaps if there were more of that intense distress for souls that leads to tears, we should more frequently see the results we desire. Sometimes it may be that while we are complaining of the hardness of the hearts of those we are seeking to benefit, the hardness of our own hearts and our feeble apprehension of the solemn reality of eternal things may be the true cause of our want of success.*

*- Hudson Taylor*

### 3. Correction

*“Declare these things; exhort AND REBUKE WITH ALL AUTHORITY...”*

Illustration:

*I've seen far too many Christians who are more than willing to travel halfway around the world to volunteer for a week in an orphanage, but who cannot bring themselves to take the personal risk of sharing Jesus with the co-worker who sits day after day in the cubicle right next to them.*

*- Lee Strobel*

*Look! Don't be deceived by appearances - men and things are not what they seem. **All who are not on the rock are in the sea!***

*- William Booth*

*Today Christians spend more money on dog food than missions.*

*- Leonard Ravenhill*

Explanation:

***Correction, in full context, is a defining concept within Christianity.***

That said, while this lesson will not plumb the depths of correction's deep theological root system, it is wise to here acknowledge that biblical correction is directly linked to some of Christianity's (and reality's) most fundamental truths, breath-taking tragedies, AND everlasting triumphs.

Think about it... biblical correction is directly connected to the fall of mankind and Creator God's casting out of Adam and Eve from The Garden of Eden (Genesis 3); His use of The Flood in Genesis 6-7; the underpinning of any right understanding of the Sacrificial Atonement System; the eternal need for Christ's coming (John 3:16); the most basic grasp of saving grace (Ephesians 2:1-10); the eternal, non-negotiable requirement for grace-based repentance (Mark 1:15); the power and necessity of Christ's crucifixion and cross (John 14:6); every human being's personal need for redemption (Hebrews 9:27); the eternal role of belief and faithful obedience in salvation (John 3:36); and, with countless other examples that could be added, eternal correction is at the heart of God's promise and power that will be executed with Christ's culminating, second coming. Amen and AMEN.

*If we understand what lies ahead for those who do not know Christ,  
there will be a sense of urgency in our witness.*

*- David Jeremiah*

*Could a mariner sit idle if he heard the drowning cry? Could a  
doctor sit in comfort and just let his patients die? Could a  
fireman sit idle, let men burn and give no hand? Can you  
sit at ease in Zion with the world around you damned?*

*- Leonard Ravenhill*

Application:

Bringing God glory by finding and growing more glorifiers who want to learn, love, and live God's Word, will, and ways is at the heart of healthy Christian OUTREACH. Jesus made this point emphatically clear in Matthew 28:18-20, "Go make disciples... teaching them to obey everything that I commanded..."

The question then becomes, "How?" Praise God, He gave us the answer (John 8:32), power (2 Peter 1:3), authority (Matthew 28:18-19), and The Helper (John 14:26) to get the mission done. The Christian's part is to learn, love, and live 2<sup>nd</sup> Timothy 3:16-17, all while being guided by the Holy Helper (John 15:26) to inform, inspect, and inspire the world around us.

**2 Timothy 3:16-17**

*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17so that the servant of God a may be thoroughly equipped for every good work.*

*'Not called!' did you say? 'Not heard the call,' I think you should say. Put your ear down to the Bible, and hear him bid you go and pull sinners out of the fire of sin. Put your ear down to the burdened, agonized heart of humanity, and listen to its pitiful wail for help. Go stand by the gates of hell, and hear the damned entreat you to go to their father's house and bid their brothers and sisters, and servants and masters not to come there. And then look Christ in the face, whose mercy you have professed to obey, and tell him whether you will join heart and soul and body and circumstances in the march to publish his mercy to the world."*

*- William Booth*



## 4. Inspiration

*“Declare these things; exhort and rebuke with all authority.  
Let no one disregard you.”*

Illustration:

*Give me one hundred preachers who fear nothing but sin and desire  
nothing but God, and I care not whether they be clergymen or  
laymen, they alone will shake the gates of Hell and  
set up the kingdom of Heaven upon Earth.  
- John Wesley*

Explanation:

***The essence of Christian OUTREACH is the transfer of truth in love.***  
In any such endeavor, one’s witness, like their integrity and righteousness,  
are essential components of maximum impact. Thus, it should come as no  
surprise that the Lord tells us all, through Paul’s charge to Titus, to BE  
holistically inspirational, to *“let no one disregard you,”* as we penetrate the  
darkness with Christ’s love and light – all by God’s grace and all for His glory.

*The success or failure of our work as a church or mission depends, in  
the last resort, largely, not in the number of preachers we put into  
the field, nor on the size of our congregations, but rather on the  
character of Christianity we and our work produce.  
- Duncan Campbell*

*If you have men who will only come if they know there is a good  
road, I don't want them. I want men who will come  
if there is no road at all.  
- David Livingstone*

*We are not sent to minister to a congregation and be content if we  
keep things going. We are sent to make war and to stop short  
of nothing but the subjugation of the world  
to the sway of the Lord Jesus.  
- William Booth*

Application:

Richard Baxter famously warned his listeners: *“Be careful that you do not undo with your lives what you say with your lips.”* God’s Word, from cover to cover, is every bit as pointed. One such example is 1<sup>st</sup> John 3:18, *“Let us not love with word and tongue but in action and in truth.”*

**The power of Christian OUTREACH is not found in its packaging.** No. The true and lasting power of God-honoring OUTREACH is found in the Person of Jesus Christ AND the biblical authority, accuracy, and authenticity of His reaching-out family of ambassadors.

*Nothing reaches out better than  
Christ’s truth, love, and zealous ambassadors!*

*People talk of the sacrifice I have made in spending so much of my  
life in Africa. It is emphatically no sacrifice.  
Say rather **it is a privilege.**  
- David Livingstone*

*There is no joy in the world like the joy  
of bringing one soul to Christ.  
- William Barclay*

CLOSE:

*I know that some are always studying the meaning of the fourth toe  
of the right foot of some beast in prophecy, yet they have never used  
either foot to go and bring men to Christ. I do not know who the 666  
is in Revelation but I know the world is sick, sick, sick... and the best  
way to speed the Lord's return is to win more souls for Him.  
- Vance Havner*

This lesson has been intentionally elevated in its focus and scope, with the hopes of helping the reader to realize that Christian OUTREACH is not grounded in projects and packaging, but rather, the Person of Jesus Christ. More to the point, *wherever and whenever there is an evangelistic “reaching out,” the hope should be to connect and make a “touch” for the glory of God.*

Think of it this way...

***Christian OUTREACH is the urgent, intentional, biblical, and missional effort to reach out to others and touch them with the Person, power, and promises of the living and loving God. His name is Jesus The Christ... and His Gospel is the only way of salvation, sanctification, and eternal life. May all the glory go to our Creator, Christ, and King. Amen and Amen!***

*His authority on earth allows us to dare to go to all the nations. His authority in heaven gives us our only hope of success. And His presence with us leaves us no other choice.*

*- John Stott*

### **For What?**

*To be a soul winner is the happiest thing in this world. And with every soul you bring to Jesus Christ, you seem to get a new heaven here upon earth.*

*- Charles Spurgeon*

*Catch on fire with enthusiasm and people will come for miles to watch you burn.*

*- Charles Wesley*

*To win men to acceptance of Jesus Christ as Savior and Lord is the only reason Christians are left in this world.*

*- R.A. Torrey*

### **So What?**

*It takes a man of God, with the Word of God, and the Spirit of God, to make the children of God, for the glory of God.*

*- Jack Wellman*

*God can use you to help win the lost.*

*- Warren Wiersbe*

### **Now What?**

*The holy work of delivering souls demands constant renewal through fellowship with God.*

*- Andrew Murray*

*Don't snooze with the news.*

*- Woodrow Kroll*

*If you had the cure to cancer wouldn't you share it? ... You have the cure to death ... get out there and share it.*  
*- Kirk Cameron*

*I am convinced, by the way, that friendships provide the most fertile soil for evangelism. When the reality of Christ is introduced into a relationship of love and trust that has already been established, the effect is powerful. And it seems that invariably, when someone becomes a true follower of Christ, that person's first impulse is to want to find a friend and introduce that friend to Christ.*  
*- John MacArthur*

*Christ is with us until the world's end.  
Let his little flock be bold, therefore.*  
*- William Tyndale*

*We need to give our total focus to the business of reaching this world with the Gospel of Jesus Christ and stop running down meaningless rabbit trails that get our focus off of our heavenly purpose.*  
*- Jerry Falwell*

## PRAYER

Dear heavenly Father, thank You so much for the Truth and Love of Your Word, will, and ways. Please help us to absorb and apply ALL that You have shared and commanded in the Bible. May our heads be infilled with Your defining Scriptures, for the express purpose of informing, inspecting, and inspiring our sanctified hearts and serving hands.  
In Jesus' name we pray.  
Amen and Amen

Support Sermon:

*"Deliberate Declaration"*  
Titus 2:15  
November 13, 2016  
Sermon Series: Titus – Live The Truth