

“God Is, And, In”

Psalm 46:1

April, 5, 2020

VIDEO: *The Storms of Life*

INTRO: Friend... these ARE stormy days... & ***that's OK!***

CONTEXT:

- Proverbs 29:18
- Psalms 91:1
- **Today = Christ's triumphal entry into Jerusalem...**
 - Not all that it appeared to be...
 - I will send a contextualizing ***video each day***
- **Today = our triumphal entry into Psalm 46...**

VIDEO: *“Reading the Psalms”*

BIG IDEA: ***He IS our shelter, strength & support!***

T/S: I hope to share this truth in love with you today...
from BOTH... the Bible & the BRIDGE...

Christian HOPE comes from CHRIST's help! - JDP

VIDEO: *“Psalm 46:1 via Life-Without-Limbs”*

T/S: **John 1:1**

PREVIEW:

- A. Jesus IS our REFUGE
- B. AND Jesus IS our STRENGTH
- C. AND our HELP... IN (times of) trouble

TEXT:

Psalm 46:1

“God is our refuge and strength, an ever-present help in (times of) trouble.”

I. *God IS our refuge*

1. *“God”*

- a. Creator of ALL creation & created
- b. The Almighty I AM
- c. God is Jesus & Jesus is God!

2. *“is”*

- a. IS = active, present tense
- b. IS defines reality
- c. IS declares assurance & guarantee!

3. *“our”*

- a. We must define this “belonging”
- b. Do you know how to define: “our”?
 - i. Church (past/present/future)
 - ii. Christians:
 - 1. By grace through faith
 - 2. Miraculously saved
 - 3. Spirit-filled, set-apart, sent servants/slaves of Christ Jesus

If ever there were a sense of belonging that you needed to understand and BE a part of... this is it!

4. ***“refuge”***

- a. God’s promised place of powerful and purpose-filled protection...
- b. God’s promised Person of protection!
- c. God’s ***“shelter”*** as in **Psalm 91:1**
- d. Like the ***“green pastures”*** of Psalm 23

VIDEO: *“Psalm 23’s Refining Expectations”*

II. God IS our refuge AND strength

5. ***“and”***

- a. *And* = a conjunction...
- b. *“Wait... there’s more...”*
- c. God is **MORE** than our *“refuge”*

6. ***“strength”***

- a. Strength is what you need to accomplish what must be achieved...
- b. Jesus IS our STRENGTH – as promised!
- c. Jesus IS our strength – GUARANTEED
- d. Jesus IS our Source of both salvation AND sanctification... (see John 15)
- e. Let me here introduce you to Ben & Jessica... they illustrate our NEED for Christ’s promised strength...
- f. **NOTE:** I will share the rest of their story next week on Resurrection Sunday, when we unpack **all of Psalm 46...**

VIDEO: *“Meet & Contemplate Ben & Jessica”*

III. ...Ever-present HELP IN trouble

7. ***“an ever-present”***

- a. Always-**WITH!**
- b. **Never**-leaving or forsaking
- c. **IN** every Christian (Acts 1:8)
- d. **Never**-distracted or unavailable

8. ***“help”***

- a. Help defined... **that which you need**
- b. **Helper** here-defined... **GOD Jesus!**
- c. **Help** here brings **Hoping** & **Healing**

9. ***“IN”***

- a. Not AFTER/later... **but IN the storm!**
- b. **Jesus is our Vaccine for this virus...**
- c. He is in our boat & will calm the sea

*We can walk thru any and all of the creation...
when we walk in & with our Creator! -JDP*

10. ***“trouble”***

- a. Trouble is trouble... **storm** imagery
- b. **Trouble is that which is destabilizing**
- c. **Trouble is spiritual warfare**
- d. **Trouble is: when we need help**
- e. Trouble is temporary for the believer but Truth is eternal – Amen!
- f. **Trouble, like storms, is relative...**

VIDEO: *“Giving-Away Graham”*

REVIEW:

- A. Jesus IS our REFUGE
- B. AND Jesus IS our STRENGTH
- C. AND our HELP... IN (times of) trouble

CLOSE:

- I pray that Psalm 46:1 IS your promise...
- I pray Psalm 46:1 IS your power supply...

*I pray that this great truth, this great Jesus
brings you great joy :-)*

No matter what!

(I hope this prayer & closing song of worship can be engaged & embraced from your heart.)

Let's PRAY

VIDEO: *“Smile”* (Sidewalk Prophets)